
Name

Date

1. What are three things you would like to change about your life in the next 3 - 6 months?
These can be personal and/or business-related.

2. How will your life be impacted when you have these wants and desires fulfilled?
How will you feel when you have manifested your desires?

3. What has kept you from already making these changes?

4. What will you miss out on if, in a year from now, nothing has changed?
How will you feel if nothing has changed in a year from now?